

EDITABLE

ROUTINE CARDS

Embrace the Day, Make it Yours. Unlock Your Potential, Today Awaits.



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ABOUT ZOOTOM



Add a little bit of "At Zootom.com, we understand the challenges of modern parenting and the desire to create meaningful memories with your children amidst a busy schedule. Our curated collection includes a variety of routine cards and books tailored to simplify family life. Dive into a treasure trove of practical tips and strategies that have proven to be transformative for countless parents.

Discover the joy of crafting special moments without the overwhelm. Our resources are designed to not only ease the daily routines but also foster a positive environment where communication thrives. Explore the ordinary moments that hold the power to shape your children into exceptional individuals.

Join the Zootom community and embark on a journey towards stress-free parenting, filled with laughter, connection, and the priceless bond you share with your kids. Visit our website today to unlock the potential of everyday experiences in shaping extraordinary childhoods.



How To Raise Responsible Children

We all desire our children to grow into responsible and helpful adults who make sound decisions. However, the challenge lies in encouraging them to participate in tasks like picking up toys, clearing the table, or taking out the trash without resorting to threats, bribes, or incentives.

While some advocate for routine cards and reward systems, I've found that these methods often only motivate children when a reward is promised. Routine cards may initially captivate kids due to their novelty, but over time, the enthusiasm wanes, and children may demand larger or better rewards, questioning, "What will I get?" when asked to clean up.

A more effective approach involves utilizing routine cards. These cards are user-friendly and contribute to teaching responsibility without relying on a reward-based system. While implementing routine cards requires effort, integrating them into your routine establishes a foundation for fostering a sense of contribution and familial cooperation.



How To Use Routine Cards

- 1. Print the routine cards using your home printer.**
- 2. Cut out the cards.**
- 3. Laminate if desired.**
- 4. Select the daily tasks that suit your child.**
- 5. Keep the routine cards in a jar or basket.**
- 6. Allow your child to pick 2-3 tasks each day (or as per your family's preference).**



WAKE UP



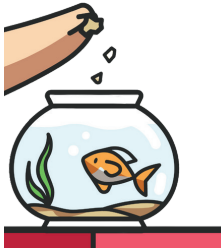
MAKE BREAKFAST



CHORES



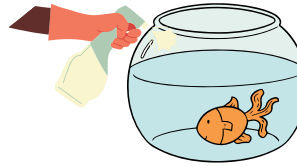
COMB HAIR



FEED FISH



WALK DOGS



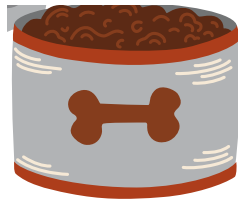
CLEAN FISHBOWL



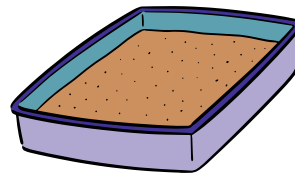
CARE FOR PET



WATER PLANTS



FEED PETS



EMPTY LITTER BOX



CLEAN CAGE



HELP MOVE THE LAWN



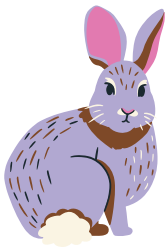
SHOVEL SNOW



PULL WEEDS



CLEAN PLAYROOM



CARE FOR PET



CARE FOR PET



BRUSH PETS



RAKE LEAVES



CLEAN SHOES



WASH HANDS



FOLD TOWELS



SWEEP PORCH



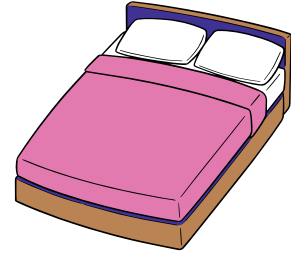
CLEAN BATHROOM



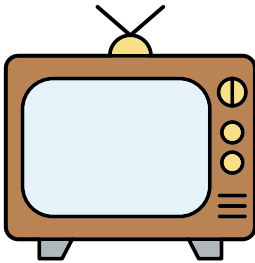
WASH CAR



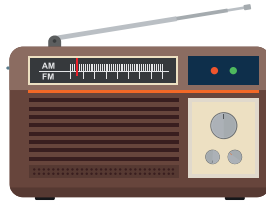
TAKE A BATH



CLEAN BEDROOM



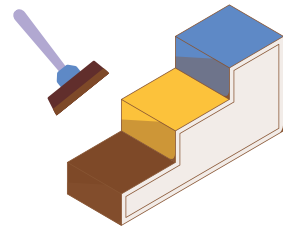
WATCH TV



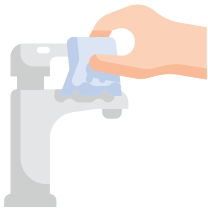
LISTEN TO RADIO



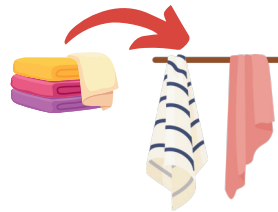
HANGUP TOWELS



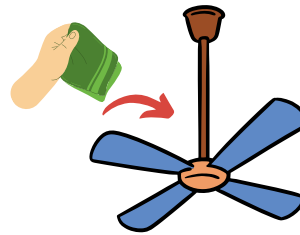
SWEEP STEPS



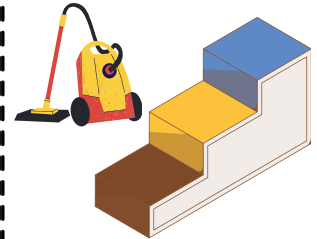
WIPE FAUCETS



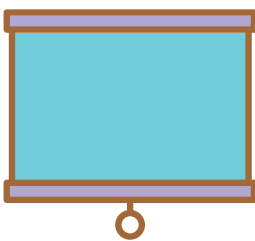
CHANGE TOWELS



CLEAN CEILING FANS



VACUUM STEPS



DUST BLINDS



SHAKE RUGS



PLAY SOCCER



PUT ON SHOES



BRUSH TEETH



PIZZA



PUT ON HAT



WASH FACE



APPLY LOTION



TAKE MEDICINE



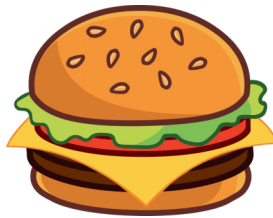
PUT ON JACKET



HAIRCUT



GOLF



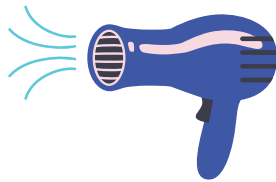
BURGER



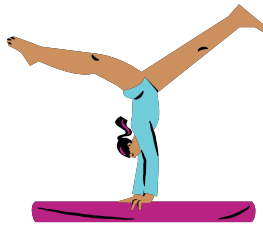
APPLY SUNSCREEN



SWIMMING



DRY HAIR



GYMNASTICS



READ BOOKS



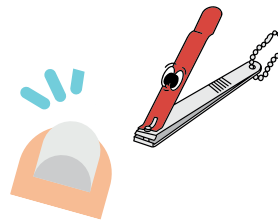
COLORING



DANCE



SKATING



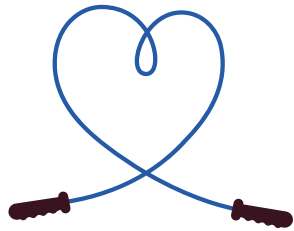
CUT NAILS



FISHING



EXERCISE



JUMP ROPE



SINGING



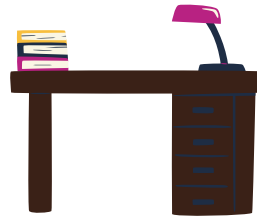
BASKETBALL



ARCHERY



PUT GROCERIES



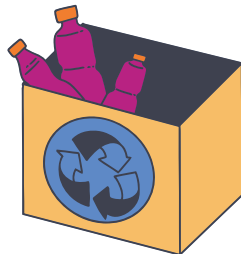
ORGANIZE DESK



FOLD LAUNDRY



EMPTY TRASH



TAKE OUT RECYCLING



HAPPY BIRTHDAY



MASK



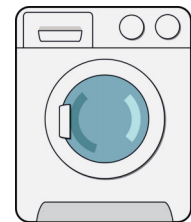
RIDE A BIKE



HIKING



HOCKEY



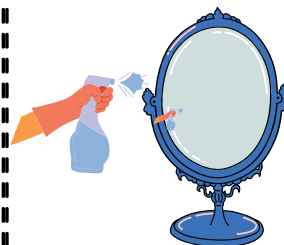
DO LAUNDRY



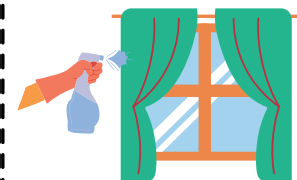
CARE FOR BIRDS



EXERCISE



CLEAN MIRRORS



CLEAN WINDOWS



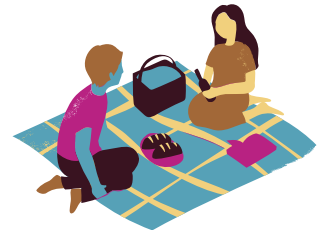
FREE TIME



GO FOR A WALK



LISTEN TO MUSIC



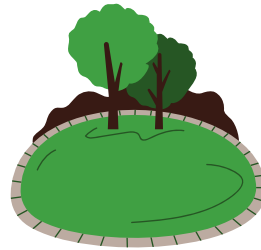
PICNIC



LIBRARY



RESTAURANT



GO TO PARK



SCREEN TIME



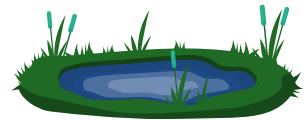
CARE FOR OTHERS



MOVIE NIGHT



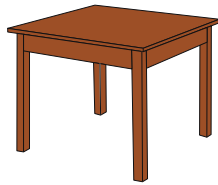
VISIT FRIEND



LAKE



HELP COOK



CLEAR THE TABLE



SWEEP PORCH



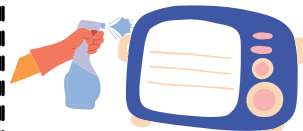
QUIT SMOKING



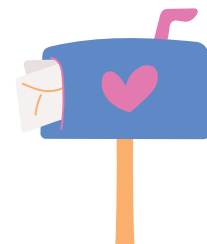
QUIET TIME



WRITE GROCERIES LIST



CLEAN MICROWAVE



GET MAIL